

Lesson and objective	Grammar	Vocabulary	Pronunciation	Everyday English
Welcome!	Possessive adjectives; <i>a</i> and <i>an</i> ; Plurals; Question words	Numbers; The alphabet; Colours; Classroom objects and instructions	Noticing word stress	Saying hello and introducing people; Spelling words
Unit 1 People				
Getting started Talk about meeting people from other countries				
1A Talk about where you're from	<i>be</i> : positive and negative	Countries and nationalities	Syllables and word stress	
1B Talk about people you know	<i>be</i> : questions and short answers	Adjectives	Sound and spelling: /k/; Sound and spelling: long and short o	
1C Ask for and give information			Tones for checking; Consonant groups	Asking for and giving information
1D Write an online profile				
Review and extension More practice				
Unit 2 Work and study				
Getting started Talk about what kind of work you find interesting				
2A Talk about jobs	Present simple: positive and negative	Jobs	Word stress; -s endings	
2B Talk about study habits	Present simple: questions and short answers	Studying; Time	do you	
2C Ask for things and reply			Sound and spelling: <i>ou</i>	Asking for things and replying
2D Complete a form				
Review and extension More practice				
Unit 3 Daily life				
Getting started Talk about what you do every day				
3A Talk about routines	Position of adverbs of frequency	Time expressions; Common verbs	Sentence stress; Sound and spelling: /aɪ/ and /eɪ/	
3B Talk about technology in your life	<i>have got</i>	Technology	Word stress; Main stress and tone	
3C Make arrangements			Main stress; Thinking time: <i>Mm</i>	Making arrangements
3D Write an informal invitation				
Review and extension More practice				
Unit 4 Food				
Getting started Talk about eating with your family				
4A Talk about the food you want	Countable and uncountable nouns; <i>a / an, some, any</i>	Food	Sound and spelling: <i>ea</i>	
4B Talk about the food you eat every day	Quantifiers: <i>much, many, a lot of</i>	Talking about food	Sound and spelling: /k/ and /g/	
4C Arrive and order a meal at a restaurant			Sentence stress	
4D Write a blog about something you know how to do			Word groups	Arriving at a restaurant; Ordering a meal in a restaurant
Review and extension More practice				
Unit 5 Places				
Getting started Talk about what a good home is				
5A Talk about towns	<i>there is / there are</i>	Places in a city	<i>there's</i> ; Sound and spelling: /b/ and /p/	
5B Describe rooms and furniture in your house	Possessive pronouns and possessive 's	Furniture	Sound and spelling: vowels before <i>r</i>	
5C Ask for and give directions			Sentence stress	Asking for and giving directions
5D Write a description of your neighbourhood				
Review and extension More practice				
Unit 6 Family				
Getting started Talk about a family you know				
6A Talk about your family and your family history	Past simple: <i>be</i>	Family; Years and dates	Sound and spelling: /s/; Sentence stress	
6B Talk about past activities and hobbies	Past simple: positive	Past simple irregular verbs	-ed endings; Sound and spelling: <i>ea</i>	
6C Leave a voicemail message and ask for someone on the phone			Sound and spelling: <i>a</i>	Leaving a voicemail message
6D Write a life story				
Review and extension More practice				

Listening and Video	Reading	Speaking	Writing
Five conversations		Saying hello and introducing people	Names and addresses
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A conversation about where you're from		Where you're from	Sentences about you
A conversation about people you know	Facebook entries about people you know	People you know	Notes about people you know
At the gym reception		Asking for and giving information; Checking understanding	Unit Progress Test
First day of an English course	Online profiles	Using social networking sites	An online profile; Capital letters and punctuation
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A conversation about a TV programme	An article about Ice Road Truckers	Jobs	Sentences about jobs
A survey about study habits	An online forum about study habits	Studying; Study habits	Questions about study habits
Ordering in a café; Asking for help		Asking for things and replying; Reacting to news	Unit Progress Test
Three monologues about studying English; A teacher addressing her class	A competition entry form	Studying English	A form; Spelling
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A conversation about family routines	An article about an Indian family	Daily routines; Spending time with your family; Routines you share with others	A dialogue; Notes about routines you share with other people
Three conversations about gadgets	An interview about using the Internet	Using the Internet; Technology in your life	Sentences about gadgets you've got; Questions about gadgets you've got
Making arrangements to go out		Making arrangements; Thinking about what you want to say	Unit Progress Test
A monologue about someone's family	Two informal emails	Your family	An informal email invitation; Inviting and replying
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A conversation about buying food	An article about World markets	Buying food; The food you like and don't like	
A conversation about cooking	A factfile about Heston Blumenthal; Two personal emails	Cooking programmes; Cooking; The food you eat	Questions about food
At a restaurant		Arriving at a restaurant; Ordering a meal in a restaurant; Changing what you say	Unit Progress Test
Four monologues about cooking	A cooking blog	Cooking; A good cook you know; Cooking for others	A blog about something you know how to do; Making the order clear
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A conversation about a new home	An article about an unusual town	Places you like; Describing a picture of a town; What there is in a town	Questions and sentences about what there is in a town
On the street	A newspaper advertisement	Your home and furniture	Sentences about your home
Three monologues about neighbourhoods	A website about neighbourhoods around the world	What makes a good neighbourhood; Your neighbourhood	Unit Progress Test
A conversation about a family tree		Your family	Notes about your family
A conversation about childhood hobbies	An article about Steve Jobs	Steve Jobs; What you did at different times; A childhood hobby	Notes about a childhood hobby
On the phone		Leaving a voicemail message; Asking for someone on the phone; Asking someone to wait	Unit Progress Test
A monologue about someone's life story	A life story	Important years in your life	A life story about someone in your family; Linking ideas in the past

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Unit 7 Journeys				
Getting started Talk about where you'd like to travel to				
7A Talk about past journeys	Past simple: negative and questions	Transport	<i>did you;</i> Sound and spelling: /ɪz/	
7B Talk about what you like and dislike about transport	<i>love / like / don't mind / hate + verb + -ing</i>	Transport adjectives	Word stress	
7C Say excuse me and sorry			Tones for saying <i>excuse me;</i> Emphasising what we say	Saying excuse me and sorry
7D Write an email about yourself				
Review and extension More practice				
Unit 8 Fit and healthy				
Getting started Talk about sport and exercise for other people				
8A Talk about past and present abilities; Talk about sport and exercise	<i>can / can't; could / couldn't</i> for ability	Sport and exercise	<i>Can, can't, could and couldn't;</i> Sound and spelling: /u:/ and /ʊ/	
8B Talk about the body and getting fit	<i>have to / don't have to</i>	Parts of the body; Appearance	<i>have to;</i> Word stress Joining words	Talking about health and how you feel
8C Talk about health and how you feel				
8D Write an article				
Review and extension More practice				
Unit 9 Clothes and shopping				
Getting started Talk about shopping in your town or city				
9A Say where you are and what you're doing	Present continuous	Shopping; Money and prices	Word stress in compound nouns; Sentence stress	
9B Talk about the clothes you wear at different times	Present simple or present continuous	Clothes	Sound and spelling: σ ; Syllables	
9C Shop for clothes			Joining words	Choosing clothes; Paying for clothes
9D Write a thank-you email				
Review and extension More practice				
Unit 10 Communication				
Getting started Talk about how you use your mobile phone				
10A Compare and talk about the things you have	Comparative adjectives	IT collocations	Sentence stress	
10B Talk about languages	Superlative adjectives	High numbers	Word stress; Main stress	
10C Ask for help			Main stress and tone	Asking for help
10D Write a post expressing an opinion				
Review and extension More practice				
Unit 11 Entertainment				
Getting started Talk about what you enjoyed when you were a child				
11A Ask and answer about entertainment experiences	Present perfect	Irregular past participles	Sound and spelling: /ɪz/	
11B Talk about events you've been to	Present perfect or past simple	Music	Syllables	
11C Ask for and express opinions about things you've seen			Main stress and tone	Asking for and expressing opinions
11D Write a review				
Review and extension More practice				
Unit 12 Travel				
Getting started Talk about photographs				
12A Talk about holiday plans	<i>going to</i>	Geography	Syllables and word stress Sentence stress	
12B Give advice about travelling	<i>should / shouldn't</i>	Travel collocations	<i>Should / Shouldn't</i>	
12C Use language for travel and tourism			Tones for showing surprise; Consonant groups	Checking in at a hotel; Asking for tourist information
12D Write an email with travel advice				
Review and extension More practice				

Listening and Video	Reading	Speaking	Writing
A conversation about travelling on the Silk Road	An article about the Silk Road; Two blogs about travelling on the Silk Road	Transport people use; Past journeys	
A conversation about transport in Moscow On the train	A webpage about metros around the world; Four reviews of metros	Metros you know; Disagreeing about transport; Transport you use Saying excuse me and sorry; Showing interest	Unit Progress Test
A conversation about choosing a homestay family	Two online profiles; An email about Ahmed	Homestay families; English-speaking countries you'd like to visit	An email about yourself; Linking ideas with <i>after, when, and while</i>
A podcast about how the Olympics can change a city Two monologues about exercise	An article about Paralympian Jonnie Peacock An article about High Intensity Training	Famous sport events and people; The Olympics; Present and past abilities Getting fit; The things people have to do; Yoga; Parts of the body Health and how you feel; Expressing sympathy	Sentences and notes about what people have to do Unit Progress Test
At the gym			
A conversation about a free-time activity	An email about a company blog; A blog article about a free-time activity	Free-time activities in your country; Your free-time activities	An article; Linking ideas with <i>however;</i> Adverbs of manner
Four phone conversations about meeting Two phone conversations about what people are wearing	Two blogs about living abroad; Text messages about what people are doing	Meeting friends in town; Saying where you are and what you're doing Shopping; Festivals in your country; The clothes you wear	Sentences about what you are doing Notes about what someone you know is wearing Unit Progress Test
Shopping for clothes		Choosing clothes; Paying for clothes; Saying something nice	
Four monologues about giving presents	Two thank-you emails	The presents you'd like; Giving presents and thanking people for them	A thank-you email; Writing formal and informal emails
A podcast about smartphones and tablets A radio programme about languages	A webpage about smartphones and tablets A blog about languages	Smartphones and tablets; Using the Web; Comparing two similar things Languages; Blogs and language websites	Notes about two similar things Unit Progress Test
Asking for help		Asking for help; Checking instructions Sending messages	A post expressing an opinion; Linking ideas with <i>also, too and as well</i>
Three monologues about text messages	Four text messages; Six posts on an online discussion board		
A conversation about a magazine quiz	Three fact files about actresses; A magazine quiz about actresses; An article about actresses	Famous Australians	
A conversation about music in Buenos Aires A night out	An article about Buenos Aires	Buenos Aires; Kinds of music; Entertainment events in your town or city Going out in the evening; Asking for and expressing opinions; Responding to an opinion	Notes about entertainment events in your town or city Unit Progress Test
A conversation about a film	Two online film reviews	Films	A film review; Cohesion in paragraphs
Two conversations about holidays	A webpage about holidays	Natural places; Important things when on holiday; Holiday plans	
Two monologues about things people like when travelling	An article about living in a different country	Living in a different country; Travelling and holidays; Giving advice about travelling	Unit Progress Test
A prize holiday		Checking in at a hotel; Asking for tourist information; Showing surprise	Notes about surprising things
A conversation about a planned holiday	An email with travel advice; An email asking for travel advice	Planning holidays; Sweden	An email with travel advice; Paragraph writing